



ALL SMILES AT OUR TEAM FLORIDA HP ALL-STAR TRYOUTS IN JACKSONVILLE! FIND A TRYOUT NEAR YOU! PAGE 16

Vol-eNews

The Official Source for
Florida Volleyball News!



March 2016 | Issue 78

IN THIS ISSUE

FROM THE EXECUTIVE DIRECTOR

Breaking news...USAV Rules Commission Modified Libero Jersey Rule 19.2 to be More Flexible! Yes, you read that correctly. USAV has implemented a revision to the previous Libero jersey rule and they decided to make it effective immediately. This means that all of the early season concerns over Libero jersey compliance are now over and junior volleyball teams can eliminate that worry as they prepare for their next event. I would point out that the revised rule reads as follows: **USAV Rule 19.2: The Libero(s) must wear a uniform which clearly contrasts with the rest of the team.**

I would also like to point out that our Commissioner, Mary Andrew, was at that meeting representing the regions and was partly responsible for the implementation of this revision. The Regional Volleyball Association (RVA) meeting minutes clearly reflect that Mary has been a strong advocate for simplifying the uniform rules to create fewer compliance concerns for clubs. She has gone on record stating that the athletes playing volleyball are equally concerned about the "fashionability" of the uniforms they wear during the season and that rules should allow creativity and style consciousness. Mary was pleasantly surprised that the rule modification was implemented so quickly since most rule changes normally do not take effect until the next playing season. So I hope that you will join me in offering a big "Thank You" to Mary for her leadership on this issue.

There is one other important note to mention is regarding our scholarship program. The scholarship committee recently met to address the date conflict for our awards ceremony and the 1st Annual Spring Girls' Jr. National Championships for the 18u division. If you are a female high school senior, you are most likely aware of the date conflict. The decision made was to allow certain scholarships to be awarded to female athletes that could not attend due to their participation in the new 18u national championship event. So high school seniors (male & female) are encouraged to submit their applications by the Mar 25th deadline for consideration.

See you on the court very soon!

Steve Bishop

Executive Director/President

(Proudly serving our members since 2005!)

E: steve@FloridaVolleyball.org



Florida Girls' National 18 Q Results...

Find out the teams that placed and the ones that won bids at the 2016 Florida Girls' National 18Q in Ft. Lauderdale ...**Page 2**



2016 Men's & Women's Florida WAVE Rosters Announced...

Find out who will be representing the Florida WAVE this season!...**Page 6**



2016 Beach HP Prep Camp...

The biggest names in beach volleyball will join us for this elite event, designed to prep you for both national and regional beach HP tryouts!...**Page 17**

...and Much More!

2016 FLORIDA GIRLS' NATIONAL 18Q...

Congratulations to all of the teams who placed and won bids at the 2016 Florida Girls' National 18Q in Ft. Lauderdale! Check out the final finishes below! For entire tournament results, please visit www.advancedeventsystems.com.

Open Gold Division

- 1st: Top Select 18 Elite (Won Open bid)
- 2nd: OT 18 Tampa ASICS Red
- 3rd: Tribe 18 Elite Dean/ TUVA 18 Tampa

USA Gold Division

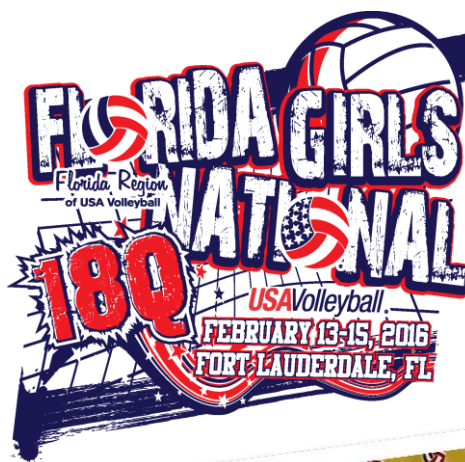
- 1st: Gainesville 18 Elite
- 2nd: Ocala Power United 18 ROX (won USA bid)
- 3rd: LVA 18 Elite (won USA bid)

Open Silver Division

- 1st: FSVBC Suns 18 Black
- 2nd: Coastal G18N-1 Aventura

USA Silver Division

- 1st: OT 18 ASICS Blue
- 2nd: Rockwood Thunder 18 Navy



1st Place, Open Gold Division: Top Select 18 Elite!



1st Place, USA Gold Division: Gainesville 18 Elite!



When you're so HP famous, you make it onto one of our Florida Region banners...



From the Office of the Executive Director

To: High School Seniors in the Florida Region

Date: February 29, 2016

Re: Scholarship Update for 2016

I am writing this update on behalf of the Florida Region Scholarship Committee to all high school seniors that are currently members of the Florida Region of USA Volleyball.

This section is for the girls...

It has come to our attention that there is a significant date conflict between our annual awards ceremony and the new 18u Girls' Jr. National Championships in 2016. Since the inception of the scholarship awards, dating back to 2007, we have required all scholarship recipients to attend our annual event to receive their scholarship award from the individual or corporation funding the scholarship. Due to the new 18u national championship event this year we realize that, depending on the number of 18u teams that qualify, there could be a material number of female high school seniors that would not be eligible for consideration. Obviously the intent behind raising over \$11,000 in scholarships for high school seniors was not to eliminate some of our best candidates from across Florida. So the committee has unanimously decided to allow all female high school seniors attending the new 18u national championship event to be considered for a select group of scholarships that will not have a representative/presenter at the awards ceremony. This decision will prevent those select athletes from not being eligible due to the two conflicting events. I would note that female high school seniors not attending the new 18u national championship event will still have to attend the awards ceremony to be eligible for a scholarship award.

This section is for the boys...

The exception above for female athletes attending the new 18u national championship event does not apply to boys since there is no such conflicting event. All boys applying for a scholarship must attend the awards ceremony to be eligible for a scholarship award. With that said, I would encourage more boys to apply since we only receive a small number of applications from boys each year.

We hope that this update will clear up any concerns for 2016. Please remember to submit your completed application and accompanying documents by 5pm on Friday, Mar 25th. This year we will award \$11,500 in scholarships to some of the best and brightest high school seniors in the Florida Region!

Best regards,

Steve Bishop, Executive Director
Florida Region of USA Volleyball, Inc.



MEMBER:



2016 FLORIDA REGION SCHOLARSHIP APPLICATION NOW AVAILABLE...

ATTENTION HIGH SCHOOL SENIORS: Our 2016 Florida Region Scholarship Application is NOW AVAILABLE! We will be awarding \$11,500 across multiple scholarships this year, so be sure to get your application materials in right away! The scholarships being offered this year are:

- Edward "Ned" DeGroot Memorial Scholarship - \$1,000
- Ben Jordan Memorial Scholarship - \$1,000
- Kevin Schar Memorial Scholarship - \$1,000
- ASICS "Sound Mind, Sound Body" Scholarship - \$500
- Molten "for the Real Game" Scholarship - \$500
- ROX Volleyball Scholarship - \$500
- 1st Place Volleyball Scholarship - \$500
- AES Scholarship - \$500
- CORA Scholarship - \$500
- Hickory Point Beach Scholarship - \$500
- Norelli Family Foundation Gold Scholarship - \$2,500 (renewable)
- Norelli Family Foundation Silver Scholarship (x2) - \$1,000 (renewable)
- Norelli Family Foundation Bronze Scholarship - \$500 (renewable)



The deadline for our office to receive your application packet is **Friday, March 25th, 2016 at 5 PM**. Please visit the links below to download the required materials checklist and the application. Good Luck!

[CLICK HERE FOR SCHOLARSHIP CHECKLIST](#)

[CLICK HERE FOR SCHOLARSHIP APPLICATION](#)

2016 FLORIDA REGION AWARDS CEREMONY CALL FOR NOMINATIONS!

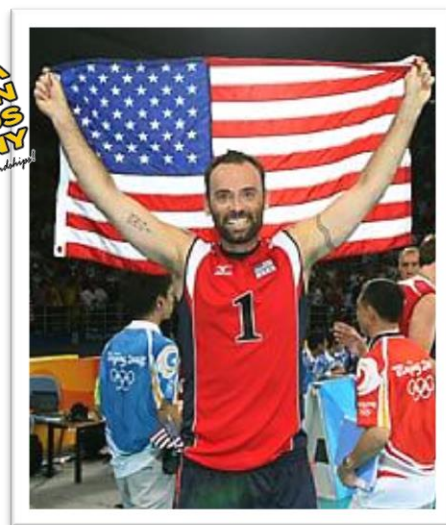
We have some of the greatest volleyball people in the Florida Region and they deserve recognition for their hard work and commitment to further the sport! Many thankless hours go into coaching a team, running a club, attending clinics, getting certified, planning events, and improving our Region every year. Please take a moment and familiarize yourself with the different awards we offer and nominate those who have gone above and beyond to make our Region better!

Award information and the nomination form can be found by following the link below. Recipients will be awarded on **April 29th, 2016 at the annual Florida Region Awards Ceremony in Orlando!** Thank you and happy nominating!

[CLICK HERE TO NOMINATE!](#)

Deadline to nominate is March 28th, 2016 at 9 AM

FOUR-TIME OLYMPIAN LLOY BALL TO SPEAK AT AWARDS CEREMONY!



Four-time Olympian and Hall of Fame inductee, **Lloyd Ball**, will be joining us for the 2016 Florida Region Awards Ceremony as our Guest Speaker! Be sure to join us on April 29th, 2016 in Orlando. This is your chance to meet one of the great volleyball legends; you won't want to miss this!

[READ PRESS RELEASE HERE!](#)

2016 HICKORY POINT BEACH SCHEDULE...



2016 HICKORY POINT BEACH EVENT SCHEDULE

Date	Event	Divisions
3/5	Beach HP National Tryout	Juniors
3/6	Florida USAV Beach Series Preseason Classic	Juniors
3/19	Florida USAV Beach Series Opener (JBT & ROX VB Series National Championships Qualifier)	Juniors
4/2	Beach HP Prep Camp	Juniors
4/23	Florida High School Beach Championships	Juniors
5/13-5/15	Team Florida Beach HP All-Star Selection Camp	Juniors
5/21	Florida USAV Beach Series (JBT & ROX VB Series National Championships Qualifier)	Juniors
6/16-6/18	ROX East Coast Beach All-Star Championships	Juniors
7/28-7/30	ROX VB Series National Championships	Juniors

*Dates & events are subject to change. Please visit our website for the most current schedule of events



www.FloridaVolleyball.org

2016 FLORIDA GIRLS' REGIONAL 18Q...

When: March 12-13, 2016

Where: Jacksonville, FL (in conj. w/ JJVA 1st Coast Pre-Q)

Who: Girls 18U Only + FL Region Teams Only

Divisions: 18 NATIONAL

[CLICK HERE FOR MORE INFO](#)



CREDIT CARD SALES AVAILABLE ONSITE FOR 2016 ASICS FLORIDA VOLLEYBALL CHALLENGE WRISTBANDS...



NEW THIS SEASON! Credit card sales will be available for wristband purchases at the 2016 ASICS Florida Volleyball Challenge in Orlando, FL. The fees are as follows:

3-Day Pass (Friday, Saturday & Sunday): **\$26**

2-Day Pass (Saturday & Sunday only): **\$16**

1-Day Pass: **\$11**

GROWING THE GAME: WEBBER ADDS MENS VOLLEYBALL...

WEBBER WARRIORS

A big shout-out to Webber International University for adding men's volleyball to their athletic program! The team will begin competition in the spring of 2017.

[Check out the Webber Athletics article here!](#)

LIKE US! FOLLOW US!

For more event pictures & info, find us on Facebook, Twitter & Instagram!



FLORIDA WAVE INDOOR PRO VOLLEYBALL TEAMS ANNOUNCE TRAINING ROSTERS FOR 2016...



The Florida WAVE men's and women's pro volleyball teams have announced their 2016 training rosters. Both teams are scheduled to compete at the Florida PVL Invitational on April 30th in Orlando, FL. This event will help the teams prepare for the 2016 PVL Championships, to be held May 28th – 31st in conjunction with the USA Open National Championships in Orlando. This year, both the men's and women's teams will feature both a PVL and PVL AAA division.

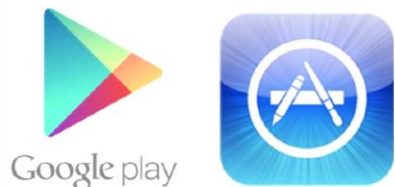
MEN

Mike Iandolo, Setter, 6'7 (Lewis University)
Omar Rivera, Setter, 6'3 (IPFW)
Chris Cox, Setter, 6'5 (Lindenwood University)
David Specian, Setter, 6'0 (Pfeiffer University)
Matt Pollock, Middle Blocker, 6'9 (Pepperdine)
Shane Welch, Middle Blocker, 6'10 (Missouri Baptist)
Kevin Oleson, Middle Blocker, 6'6 (Western Illinois)
Will Sovran, Middle Blocker, 6'5 (Univ. Central Florida)
Matt Gallik, Middle Blocker, 6'6 (Lewis University)
Austin Zahn, Middle Blocker, 6'8 (Univ. of Southern California)
Joao Nunes, Opposite/ Middle Blocker (Univ. Central Florida)
Chad Mercado, Opposite, 6'5 (Lees-McRae College)
Eric Fitterer, Opposite, 6'8 (Lewis University)
Kyle Friend, Outside/ Libero, 6'4 (Long Beach State)
Kyle Gramit, Outside Hitter, 6'5 (George Mason)
Sirianis Hernandez, Outside Hitter, 6'5 (Cuban National Team)
Jori Mantha, Outside Hitter, 6'3 (McMaster University)
Srdjan Nadazdin, Outside/Opp., 6'7 (Long Beach State)
Bradley Conners, Outside Hitter, 6'5 (Warner University)
Jack Mitchell, Outside Hitter, 6'5 (Lindenwood Univ.)
Spencer Hilland, Outside/Opp., 6'4 (The Sage College)
Jeff Solar, Outside Hitter, 6'6 (Lewis University)
Jaylen Reyes, Libero, 6'1 (Brigham Young University)
Tanner Wright, Libero, 5'10 (Quincy University)

WOMEN

Lexi Dannemiller, Setter, 5'11 (Univ. of Michigan)
Mackenzie Dagostino, Setter, 5'10 (Univ. of Florida)
Marie Reiterova, Setter, 5'9 (Univ. Central Florida)
Aysha Nickels, Setter, 5'6 (Warner University)
Sam Middleborn, Middle Blocker, 6'1 (Cal State S. Bernardino)
Danielle Hepburn, Middle Blocker, 6'2 (Clemson University)
Karis Watson, Middle Blocker, 6'2 (Clemson University)
Sasha McLeod, Middle Blocker, 6'1 (Middle Tennessee State)
Aiyana Whitney, Middle/Opposite, 6'3 (Penn State)
Jess Wagner, Middle/Opposite, 6'2 (Univ. of Tampa)
Kennedy Bryan, Opposite, 6'1 (Virginia Tech)
Erin Fairs, Outside Hitter, 5'11 (Univ. South Florida)
Megan Courtney, Outside Hitter, 6'1 (Penn State)
Nicole Walch, Outside Hitter, 6'2 (Florida State)
Lindsay Stalzer, Outside/Opposite, 6'1 (Bradley University)
Kristin Faust, Outside, 5'11 (Clemson University)
Erin Anderson, Outside, 5'7 (Gardner-Webb University)
Jennifer Cruz, Outside, 5'10 (Univ. of New Orleans)
Devin Von Pingel, Outside/Opposite, 6'0 (Troy University)
Liz McMahon, Opposite, 6'6 (Univ. of Illinois)
Katie Mosher, Libero, 5'9 (Florida State)
Kori Moster, Libero, 5'4 (Michigan State)
Gregner Gotay, Libero, 5'4 (Univ. Of Texas-Brownville)
Alyssa Warren, Libero 5'9 (Seton Hall University)

QUICK ANNOUNCEMENTS



FLORIDA REGION APP...

The Florida Region has an app available for download in both the iTunes and Google Play store. This app features indoor/outdoor event information, maps of clubs in your area, recent news and much more! Click here to read the press release.

[CLICK HERE FOR iOS DOWNLOAD](#)

[CLICK HERE FOR ANDROID DOWNLOAD](#)



2016 FLORIDA REGION CALENDAR IS HERE!...

The 2016 Florida Region calendar is for sale! Follow the link below to order yours today for your favorite volleyball athlete, coach, official or fan!

[CLICK HERE TO ORDER TODAY!](#)

QUICK VOLLEYBALL FACTS

1984

The year that the U.S Indoor Team won their first Olympic medals. The games were in Los Angeles. The men won gold; the women silver.

148

The number of tournament wins by Karch Kiraly, the most in professional beach volleyball.

USA VOLLEYBALL ACADEMY ONLINE TRAINING UPDATE...



Attention all junior players, coaches and parents:

ALL TECHNICAL ISSUES REQUIRE A HELP DESK TICKET – CLICK HERE TO ACCESS

The online ref training system was revised for the 2015-2016 season last month. In general the requirements will be the same as last year. Again this year will be the ability to "test out" of some modules. So, for example, if you are familiar with scoring and can successfully answer the pre-quiz offered at the beginning of the module, you will not need to continue and watch that module in its entirety. If you do not answer the pre-quiz questions successfully, you will just continue in the module and take the quiz after reviewing the content.

Junior players and rostered adults who will perform work team duties at tournaments must be trained. The rostered adults do not have to be coaches, but they must be performing one of the score table duties: Second referee, scorer, assistant scorer (also known as Libero tracker) or visual scoreboard operator (also known as "flipper.")

There are four courses available for Junior work team members:

FL16_101 Florida Junior Work Team Line Judge
FL16_102 Florida Junior Work Team Libero Tracker
FL16_103 Florida Junior Work Team Scorer
FL16_104 Florida Junior Work Team Second Referee

The coach or rostered adult who will be at the table should take all four courses. Players may take up to four. It is recommended that all players take the Line Judge (FL16_101) and Libero Tracker (FL16_102) courses. Then, at least half of the club's players should take the scoring course (FL16_103) and the other half the second referee course (FL16_104). This will give the team flexibility to provide trained workers at all their tournament matches. When working a tournament, the player performing the duty must be certified for that duty. So if a player is keeping score, they must have taken the scorer course, FL16_103. It is **not acceptable** for a scorer to teach another player who has not taken the course how to keep score at a tournament.

In order to get credit for the courses, players must register in the USA Volleyball data base system Webpoint. This is the same site you use when you register to play each season. Go to www.floridavolleyball.org and click on the "Log In" button in the middle of the home page. Then, carefully follow the instructions for registration found [here](#).

Once you are registered, you actually take the courses in another system found at www.usavolleyballacademy.org. If you register for your courses and need to take a break before finishing, when you come back you need to sign in on this USAV Academy screen:

USA Volleyball Academy Tips

Many of the issues that users encountered last season, such as browser problems, have been eliminated by the hardware and software upgrades that took place over the summer. In case you do experience any issues, here are some of the tips we offer to users:

- Make sure your flash player is up to date.
- Make sure pop-ups are not blocked on your computer.
- Attempt to access the course material via another computer if your business computer blocks such sites.

If you sign up for a course in Webpoint and then do not see the course you need listed under My Courses in the USAV Academy, you need to send an email to sue@floridavolleyball.org. Include the player name in the email.

If you have registered for a curriculum in error (you selected the wrong clinic) you cannot fix this yourself! Please do not try to re-register for that clinic. Email sue@floridavolleyball.org for assistance. Be sure to include the player's name and team information.

If you have been asked by your coach to provide a certificate of completion and you do not receive one by email, you may print one on your own. Sign in to USAV Academy and click on the Transcripts tab in the upper left corner. Click on the Certificates button that appears at the far right. In the box that opens, click to highlight the certificate you wish to print. Your certificate will download, and you may print that pdf file.

If there are any other questions, please check the Florida Region Officials web page at

<http://www.floridavolleyball.org/officials-news.html>

For any other issues, please email sue@floridavolleyball.org.



BEACH HP NATIONAL TRYOUT

MARCH 5TH

Hickory Point Beach |Tavares, FL

Be sure to join us March 5th for the USA Volleyball Beach HP **NATIONAL** Tryout. You do not need a partner to tryout. Open to ages 13U – 19U. Please note that this is a tryout for the **NATIONAL** HP team, NOT the Team Florida HP team.

For more info and to register, [CLICK HERE!](#)



RON JON BEACH N' BOARDS FEST

MARCH 12TH - 13TH

Shepard Park | Cocoa Beach, FL

The Oakley High School Beach Volleyball Challenge is a 2-day event, featuring high school teams from across the state. Each high school is allowed up to three teams and one as an alternate. This event is **FREE** for participants with a USAV membership and winners will receive free entry into the 2016 Florida High School Beach Championships, taking place on April 16th at Hickory Point Beach.

For more info and to register, [CLICK HERE!](#)



BEACH HP PREP CAMP

APRIL 2ND

Hickory Point Beach |Tavares, FL

This awesome event will help you prepare for both the **National** and **Regional** Beach HP tryouts! This prep camp features the top Beach coaches in the USA, including **Tyra Turner**, **Jose Loiola** and **Matt Heath!** Additional coaching staff includes Josh & Aurora Davis and Florida Region Beach HP Director, Chris Hamilton. This event is open to 13U-19U across the USA and will include four training sessions with a full evaluation.

For more info and to register, [CLICK HERE!](#)



CORA Rehabilitation & Sports Medicine and the Florida Region of USAV and Hickory Point Beach are proud to announce our renewed partnership for the 2016 Beach Volleyball season. CORA's highly trained and experienced team of Certified Athletic Trainers and Physical Therapists will be available to assist each player with chronic and acute injuries in order to perform at the best of their abilities. Our goal is to **Keep Athletes in the Game!**

Call **John McFarland, MS, ATC, LAT**
at **386.871.7818** today to schedule
your **Free Injury Assessment!**

Please email your questions to
digcora@corahealth.com.



Bring this coupon to any CORA
clinic to receive your Free Injury
Assessment .



CORA.
**Rehabilitation &
Sports Medicine**



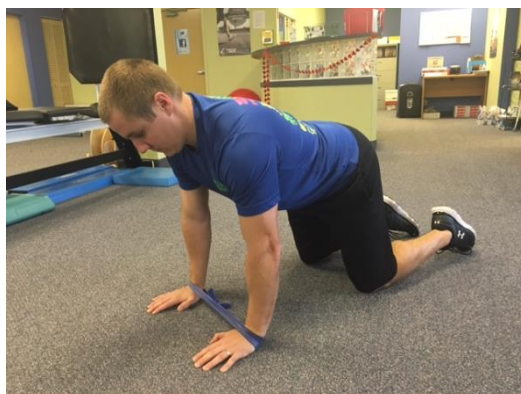
CORA SPORTS MEDICINE TIP...

Hey volleyball fans! Here is part 2 of our series featuring exercises that correct common volleyball movement dysfunctions. These include: shoulder stability, rotational trunk stability, rotational upper back (thoracic) mobility, hamstring flexibility, shoulder posterior capsular tightness and shoulder blade (scapula) stability.

As we discussed in the last issue, a Functional Movement Screen attempts to pin point weak links and alleviate them. This system is a process that identifies the weak link in the movement pattern and then assigns exercises to correct it. E-mail digcora@corahealth.com to schedule your Functional Movement Screen.

Keeping Athletes in the game...See you on the beach!!!!

Ward Daron, PT



Arm Lifts on Hands & Knees

Begin on your hands and knees – hands under shoulders and knees under hips

Arm lift to side – place the band under your right hand (to hold it to ground) and grasp the band with the left hand. Raise left arm out to side with your thumb up using your shoulder blade muscles. Make sure your shoulder blade doesn't "hike" towards your ear.

Arm lift diagonal – place the band under your right knee (to hold it to ground) and grasp the band with the left hand. Raise left arm midway between shoulder and head using your shoulder blade muscles. Make sure your shoulder blade doesn't "hike" towards your ear by "packing" it towards your hip pocket.

Arm lift overhead - place the band under your left knee (to hold it to ground) and grasp the band with the left hand. Raise left arm above your head using your shoulder blade muscles. Make sure your shoulder blade doesn't "hike" towards your ear by "packing" it towards your hip pocket.

Hold for 5 seconds

Perform 2 sets of 10 - progress repetitions / resistance (gradually increase your reps to fatigue.)

[Find the next 3 exercises by following this link!](#)

NEW SITTING VOLLEYBALL VIDEO!...

So, what is sitting volleyball? We partnered with USA Volleyball to create this informational video...click on the image below to find out how it began, how to play, who can play and how you can get involved!



ARE YOUR NEW JERSEYS LEGAL?

Purchasing new jerseys this season and want to make sure they meet all of the official USA Volleyball standards? The link below will take you to a uniform rules page.

[**CLICK HERE FOR UNIFORM RULES**](#)





QUICK TIP FOR COACHES...

IMPORTANT NOTE: As of January 2016, **ALL** Florida Region coaches must complete the SafeSport course. Any coach that has not completed this requirement will not be allowed on any roster. We cannot allow any exceptions. Thanks for your cooperation!

You can access the course here: www.safesport.org.

Indoor Professional Volleyball in the USA!

PVL CHAMPIONSHIPS

Orlando 2016
usaPVL.com

2016 FLORIDA TOUR OF CHAMPIONS!

Jan 9-10, 2016 FL Girls' Club Cup	Feb 27-28, 2016 Molten Pre-Q
Feb 20-21, 2016 JJVA Jax Jam	March 5-6, 2016 Cloverleaf

Florida Region
of USA Volleyball

Top finishing team in each division (10u-18u) wins FREE entry into the 2016 Girl's Jr. Regional VB Championships!



2015 - 2016 INDOOR EVENT SCHEDULE

NOVEMBER 2015

21 Annual Junior
Forum Meeting
Eustis

JANUARY 2016

8 Team Florida HP Tryout
(Boys & Girls)
Daytona Beach

9-10 Florida Girls' Club Cup
(Tour of Champions Event)
Daytona Beach

Florida Boys' Pre-Q
Daytona Beach

29 Team Florida HP Tryout
(Boys National & Regional)
Ft. Lauderdale

30-31 Florida Fest Boys'
Bid Tournament
Ft. Lauderdale

FEBRUARY 2016

13-15 Florida Girls' National 18Q
Ft. Lauderdale

19 Team Florida HP Tryout
(Girls)
Jacksonville

20-21 JJVA Jax Jam
(Tour of Champions Event)
Jacksonville

26 Team Florida HP Tryout
(Girls)
Tampa

27-28 Molten Pre-Q
(Tour of Champions Event)
Tampa

MARCH 2016

4 Team Florida HP Tryout
(Boys & Girls)
Miami

5-6 Cloverleaf
(Tour of Champions Event)
Miami

12-13 Florida Girls' Regional 18Q
(National Bids Only)
Jacksonville

APRIL 2016

29 Florida Regional
Awards Ceremony
Orlando

29-5/1 ASICS Girls' Junior
Regional Qualifier
Orlando

30-5/1 Girls' Jr. Regional
VB Championships
Orlando

MAY 2016

14 Team Florida HP
Development Camp
Daytona Beach

27-6/1 USA Volleyball Open
National Championships
Orlando

28-31 PVL Championships
Orlando

JUNE 2016

3-5 Team Florida HP
Training Camp
Daytona Beach

11-12 Boys' Jr. Regional
VB Championships
Ft. Lauderdale

JULY 2016

19-23 USA Volleyball HP
Championships
Ft. Lauderdale

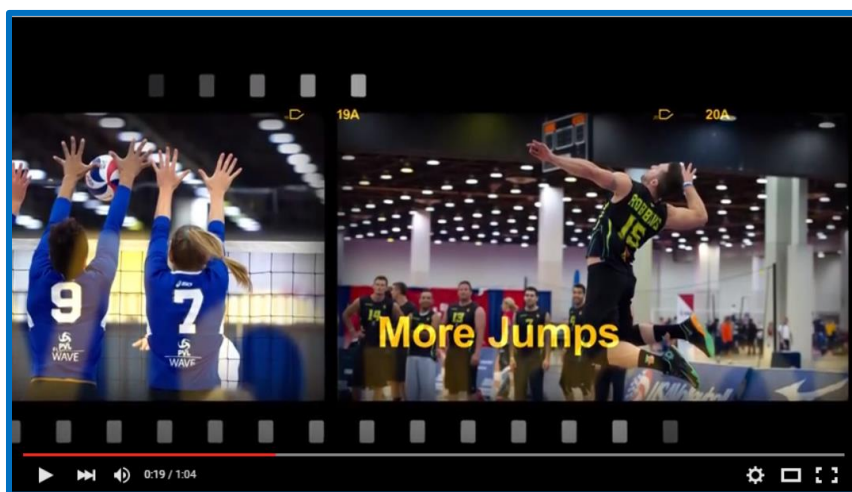
These are Florida Region hosted
events. Full event schedule can be
found at www.FloridaVolleyball.org.

15010 US HWY 441 Eustis, FL 32726
(352) 742-0080 | www.FloridaVolleyball.org

2016 PREMIER VOLLEYBALL LEAGUE PROMO ...

Check out the new 2016 USA Premier Volleyball League promo by clicking on the image to your right...we spy some of our Florida WAVE athletes!

For more information on the PVL, please visit www.usapvl.com.



Your chance to compete with the **BEST** of the **BEST!**

SAVE THE DATE!



2016 NATIONAL CHAMPIONSHIPS

July 28th - 30th | Hickory Point Beach | Tavares, FL



Visit ROXVB SERIES.COM for tour schedule & how **YOU** can qualify!



**WANT TO PLAY
BEACH
VOLLEYBALL?**

**FOR YOUR
HIGH SCHOOL?**

SAVE THE DATE!
Florida Region High School
Beach Volleyball League Championships
April 23rd, 2016
Hickory Point Beach | Tavares, FL

**Hickory
Point Beach**
Sand Volleyball Complex - Tavares, Florida
FloridaVolleyball.org

molten®
For the real game



40+ Florida schools already participating... & counting!

ASK YOUR HIGH SCHOOL COACH ABOUT IT TODAY!

More information can be found at **FloridaVolleyball.org**
or call Chris (352)742-0080

ADULT ATHLETES: WANT TO PLAY AT THE U.S. OPEN?...

USA Volleyball announced that Orlando, FL will serve as host city for the 2016 USA Volleyball Open National Championships! The 2016 Open, which will be the 87th edition of the annual event, will be held May 27-June 1 at the Orange County Convention Center in Orlando. Team registration opens January 15, 2016 on AES (www.advancedeventsystems.com)

Tournament Divisions and Balls:

Women's Club Divisions (A, AA, B, BB) Molten Super Touch
Women's Age Divisions (40, 45, 50, 55, 60, 65, 70) Molten Super Touch
Men's 50 and Over Age Divisions (50, 55, 60, 65, 70, 73, 76, 79) Molten Super Touch
Men's Club Divisions (A, AA, B, BB) USAV FLISTATEC
Men's 40 and 45 Age Groups USAV FLISTATEC
Men's Open Division International FLISTATEC
Sitting (Open to All Adults)

We have set up a page to help connect with other teams and athletes that are practicing in your area for the US Opens! Announce open gyms and use the Player Matching System below to help narrow your search for teams located in your area!

If you are a **player looking for a team**, fill out this form:

[CLICK HERE](#)

If you are a **team looking for a specific player**, fill out this form:

[CLICK HERE](#)

Both the player and team information will be posted on the Florida Region of USA Volleyball website.

Any questions regarding the matching system, please email: catherine@floridavolleyball.org

If you have any questions regarding the tournament, please use the following information:

Contact Name: Irina Dany
Email: opens@usav.org
Phone: (719) 228-6800 (Mountain Time)

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Mary Andrew, Commissioner – Steve Bishop, Executive Director – www.FloridaVolleyball.org



**88TH ANNUAL
OPEN NATIONAL
CHAMPIONSHIPS**

MAY 27 - JUNE 1 | ORLANDO, FL
ORANGE COUNTY CONVENTION CENTER

**PVL
OPEN
MASTERS
SENIORS
CLUB
U-VOLLEY
CO-ED
SITTING**
Ages 18+

bit.ly/16USAVOpen
open@usav.org

**CENTRAL FLORIDA
SPORTS COMMISSION**
**Florida Region
of USA Volleyball**
USA Volleyball

MOLTEN FRIDAY NIGHT ADULT SERIES...



ATTENTION ADULT PLAYERS, CLUB COACHES, & OFFICIALS:

The Molten Friday Night Adult Series was created to give adult players, clubs coaches, and officials an opportunity to come together and enjoy the game for a few hours the night before the tournament begins. Each host has been kind enough to provide up to 4 courts at each site. Come out and enjoy the music and fun...and make some new friends at the same time. We hope to see you at an upcoming event!

2016 MOLTEN FRIDAY NIGHT ADULT SERIES REMAINING SCHEDULE

- **FRI, MAR 4, 2016 - Miami Beach, FL**
Miami Beach Convention Center - In conjunction with the Cloverleaf Tour of Champions

TIMES:

6:00p - Check-In Begins
6:15p - Team Meeting
6:30p - Match 1
7:30p - Match 2
8:30p - Match 3
9:30p - Depart

COST:

\$10 per person (for current USAV members)
\$20 per person (non-USAV members)
(Note: Fee will be collected at check-in)

PLAYING DIVISIONS:

The teams will most likely play coed, it will depend on the number/gender of people in attendance.

NO UNIFORMS REQUIRED!

NO FORMAL SCORESHEETS!

Matches will be self-officiated. Refreshments will be provided during the night.

Highest finishing team in each division will receive a prize. A player's party site will be announced at each event. **NO SIGN UP REQUIRED.** Just check-in between 5:30pm - 6:15pm and be ready to play. Bring a team or come as an individual and join up with a team onsite!

[CLICK HERE FOR MORE INFO!](#)



www.FloridaVolleyball.org

TEAM FLORIDA HP TRYOUT SCHEDULE...

REMAINING DATES:

GIRLS TRYOUT DATES

Friday, March 4th
Miami Beach Convention Center
Miami Beach, FL
(in conjunction w/ Cloverleaf)

BOYS TRYOUT DATES

Friday, March 4th
Miami Beach Convention Center
Miami Beach, FL
(in conjunction w/ Cloverleaf)

[CLICK HERE FOR MORE INFO OR TO REGISTER!](#)



Team Florida HP Tryouts in Daytona Beach, FL!



Team Florida HP Tryouts in Jacksonville, FL!

Jose Loiola Beach HP Coach

- CBVA Beach Volleyball Hall of Fame 2014
- AVP Best Offensive Player 1995 - 1998
- AVP Most Valuable Player 1997
- AVP Rookie of the Year 1993
- FIVB Tour Champion 1999

Tyra Turner Beach HP Coach

- USA National Indoor Team 1997 - 2000
- FIVB World Tour Medalist
- AVP Beach Volleyball Tour Medalist
- USAV National Beach HP Program
- BCAP Certified



2016 Beach HP Prep Camp

APRIL 2ND 9AM - 5PM

HICKORY POINT BEACH | TAVARES, FL (NO PARTNER NEEDED!)

Team Florida
Beach HP All-Stars

FEATURING THE TOP BEACH COACHES IN THE USA
(SAME COACHES WHO WILL BE LEADING NATIONAL BEACH HP TRYOUTS 4/9!)

PREPARE FOR REGIONAL & NATIONAL BEACH HP TRYOUTS
OPEN TO 13U - 19U ATHLETES ACROSS THE USA
INCLUDES FOUR TRAINING SESSIONS & FULL EVALUATION

Additional Coaching Staff Includes:

MATT HEATH (C to C Sand Volleyball Training/ Former AVP Pro)

JOSH DAVIS (Beach IMPACT & BCAP I Certified)

AURORA DAVIS (2014 AVCA All-American - FSU/ Beach IMPACT & BCAP I Certified)

CHRIS HAMILTON (Florida Region Beach HP Director/ Beach IMPACT, BCAP I & II Certified)

COST: \$175

REGISTER AT WWW.FLORIDAVOLLEYBALL.ORG



United we SIT.™ FloridaVolleyball.org

OPEN HOUSES & CLINICS

Join us for an event near you to learn more about enhancing the sport in Florida!

Nov 14, 2015 **UCF Intramural Sitting Tournament**, UCF Recreation & Wellness Center - Orlando, FL **10 AM**

Dec 6, 2015 **The Conrad Academy** - Orlando, FL **3-5 PM**

Jan 23, 2016 **Village School of Naples** - Naples, FL **1-3 PM** (Partner club: Benoit Beach Volleyball/Vibe Volleyball Academy)

Mar 5, 2016 **JJVA Training Facility** - Jacksonville, FL **5-7 PM** (Partner club: JJVA)

Apr 2, 2016 **Sagemont School Athletic Center** - Ft. Lauderdale, FL **3-5 PM** (Partner clubs: MVP Academy & Wildfire Volleyball Academy)

Apr 30, 2016 **All-Star Sitting Volleyball Exhibition**, Orange County Convention Center - Orlando, FL

May 30 - 31, 2016 **USA Volleyball Sitting National Championships**, Orange County Convention Center - Orlando, FL



www.FloridaVolleyball.org

CORPORATE PARTNERS...



ASICS - The Official Outfitter of the Team Florida Indoor HP All-Star Program and the Florida WAVE Professional Volleyball Teams!



1st Place Volleyball - The Official Branding Partner for the Team Florida Indoor HP All-Star Program and the Florida WAVE Professional Volleyball Teams!



ROX Volleyball - The Official Outfitter of the Team Florida Beach HP All-Star Program!



Molten - The Official Volleyball for the Florida Region!



CORA Health - The Exclusive sports medicine partner of Hickory Point Beach & Florida Region outdoor events!

BUSINESS PARTNERS...



REGION INFORMATION...

Florida Region of USA Volleyball, Inc.
15010 US Highway 441
Eustis, FL 32726
T: (352) 742-0080
F: (352) 414-5304
E: office@FloridaVolleyball.org
W: www.FloridaVolleyball.org

STAFF:

Steve Bishop, Executive Director/President
Michele Moriarty, Registrar/Office Manager
Heather Belden, Sr. Events Coord.-Indoor
Sue Wainio-Oato, Official's Coordinator
Ashley Shewey, Sr. Marketing Coordinator
Chris Hamilton, Events Manager-Outdoor
Catherine Coston, Program Coordinator
Monica Alcantara, Staff Intern

BOARD MEMBERS:

Mary Andrew, Commissioner/Board Chair
Doug Darling, Asst. Commissioner
Donna Beasley, Secretary/Treasurer
Sam Skelton, Indoor Chair
Nancy Cothron, Outdoor Chair
Darin Clark, Official's Chair
Steve Bishop, Executive Director/President

Plus two JAB members from below.

JUNIOR ADMIN BOARD (JAB) REPS:

Jose Morales, District 1, Clubs I-O
Dean Barboza, District 4, Clubs T-Z
Landon Thomas, District 3, Clubs A-H
Vacant, District 2, Clubs P-S

**Designates voting Board member*

INTERNSHIPS AVAILABLE...

Internships are available for the following:

- Office/Administrative Intern
- Events Intern (Indoor)
- Events Intern (Outdoor)

Individuals interested in an internship should contact Michele Moriarty, Office Manager at Michele@FloridaVolleyball.org.

Quote of the Month

"Fall down seven times, stand up eight."

– Japanese Proverb