



SANCTIONED BY:
Indoor & Outdoor Volleyball since 1982



BRING OUT THE BEACH IN YOU!

GET A JUMP ON SUMMER!!

A fun-filled day with skill development in beach passing, setting, hitting, and serving. Plus...learn conditioning and nutrition to help your game!!

Lots of prizes and a Queen of the beach event to end the day!!!!

Instructor- David Carstenson, Certified "Plyobeach" coach and USAV National Beach Coach Candidate ...plus guest instructors from the AVP tour!

"Plyobeach" program used by 2 time Gold medalists Misty May and Kerri Walsh

**Saturday, February 6, 2010
9am to 5pm**

***\$35 per person (Early Bird)
*45 after Feb 1, 2010**

**Limited to the first 24 junior athletes
(All ages & skill levels, space is limited)**

**Location: Crabby Bills
7700 Courtney Campbell Causeway
Tampa, FL 33607**

Email dave@FloridaVolleyball.org to sign up!